

Music in Selwyn

Month of Sundays

Sundays — 9, 16, 23 and 30 March, 1-4pm Rolleston Town Centre

Join us for a series of family-friendly outdoor sessions, where you can relax in the sunshine and enjoy local talent. Bring your picnic, unwind, and celebrate with us. Be sure to visit the Ministry of the Mind Music Facebook page to see the line-up for each week. All ages welcome. Drop-in.

selwyn.govt.nz/events





Battle of the Bands

Saturday 12 April, 8-11.30pm Rolleston Community Centre

Are you an up-and-coming artist?
Fancy your band as the next Opshop, Tadpole, Blindspott, I Am Giant or Devilskin?

Enter the Selwyn heats of the 2025 Battle of the Bands national championship for the chance to gain valuable experience and establish yourself in the NZ music scene.

Finals will be held in Wellington on 27–28 June. Be in to win the title of 2025 champion, a tour of Japan, studio recording, music video and equipment.

Whether you're a band or soloist 18+ years, register now! Show entry \$20 per person.

selwyn.govt.nz/events



CSO String Quartet

Thursday 1 May, 7.30-8.30pm Te Ara Ātea

Kick off NZ Music Month 2025 in style and spend an evening enjoying music with the Christchurch Symphony Orchestra's Arvida String Quartet. 16+ years. \$10 library members, \$20 non-members.

Bookings required.



Music in Selwyn

Lunchtime Acoustic Student Sets

FREE

Saturdays — 3, 10, 17, 24 and 31 May, 12–12.30pm Te Ara Ātea, Lincoln Library Service Centre and Leeston Library Service Centre

Join us every Saturday in NZ Music Month for acoustic lunchtime performances by students from Rolleston College Horoeka Haemata, Lincoln High School Te Kura Tuarua o Waihora and Ellesmere College Te Kāreti o Waihora. Come along to celebrate the local talent we have here in Waikirikiri Selwyn and support our emerging artists. All ages welcome.

Drop-in.

selwynlibraries.co.nz/events





Selwyn Stars Talent Search

Heats

Friday 9 May, 6-8pm Rolleston Community Centre

Friday 16 May, 6-8pm Lincoln Event Centre

Friday 23 May, 6-8pm Darfield Recreation and Community Centre

Final

Saturday 31 May, 5-7pm Rolleston Community Centre

Can you sing, dance or play an instrument? We are searching for the next Selwyn Star that will get our audience singing and dancing in their seats. If you think you have what it takes, register today.

Age categories: 5 to 13 years and 14 to 18 years. \$5 entry fee, registration required. Free to come along and watch!

Music in Selwyn

Music with Michal

Saturday 10 May, 11.20am-12pm Te Ara Ātea

Saturday 24 May, 11.20am-12pm Darfield Library Service Centre

Join the *Music with Michal Show* to celebrate NZ Music Month! Little ones will love singing, dancing, and learning with Michal as she performs her hit songs and beloved children's classics. With catchy tunes and fun moves, it's the perfect celebration for young music lovers! Suitable for preschoolers.

Bookings required.

selwynlibraries.co.nz/events



Community Music Performances

Darfield Ukulele Group Saturday 10 May, 1-1.30pm Darfield Library Service Centre

Celtic Fiddle Band
Saturday 17 May, 1-1.30pm
Leeston Library Service Centre
Saturday 17 May, 2.30-3pm
Te Ara Ātea

Ukulele Picking Trio Sunday 18 May, 1-1.30pm Lincoln Library Service Centre

Join us in celebrating NZ Music Month with live performances by local musical talents! Enjoy a range of musical acts on select days throughout the weekends. It's a fantastic opportunity to enjoy the vibrant music of your community! All ages welcome. Drop-in.

selwynlibraries.co.nz/events



Beamafilm Music Documentary: The Chills

Saturday 10 May, 2-3.30pm Leeston Library Service Centre

Sunday 11 May, 2-3.30pm Te Ara Ātea

Saturday 31 May, 2-3.30pm Darfield Library Service Centre

Join us, in celebration of NZ Music Month, for this special screening of Beamafilm's music documentary — *The Chills: The Triumph and Tragedy of Martin Phillipps.* 16+ years. Film rated M. Suitable for mature audiences.

Free (Selwyn Libraries members).

Bookings required.





Heritage

The Memory Club

Tuesdays — 4 and 18 March, 1 and 15 April, 10-11.30am **Darfield Library Service Centre**

Have you always meant to write down some memories for your family? Now is your chance! Join this small group designed for seniors whether recently retired, or with carers. Over four fortnightly sessions, travel down memory lane and record some of your stories to ensure they are preserved for the future. Writing booklet provided.

Bookings required.

selwynlibraries.co.nz/events





History in Stone: Greendale Cemetery

Saturday 15 March, 10-11.30am Greendale Cemetery, Darfield

Established in 1878, Greendale cemetery is notable for the number of innovative farming settlers whose life's work impacted the founding of the district and farming in Canterbury: many were internationally recognised in their time. Join local historian Lynda Seaton on another of our very popular cemetery tours revealing the stories of tragedy, fortitude and service in the Greendale area. 12+ years.

Bookings required.

selwynlibraries.co.nz/events

Walking into History: Arthur's Pass

Saturday 22 March, 1-3,30pm **Arthur's Pass Community Centre**

Grab your walking shoes and get set for a day trip to historic Arthur's Pass! Join members of the Arthur's Pass Heritage Group on a guided tour of the unique heritage of this alpine village, finishing with a relaxed afternoon tea. Download our Township Trails Selwyn app to discover more historic walking trails. All ages welcome.

Bookings required.







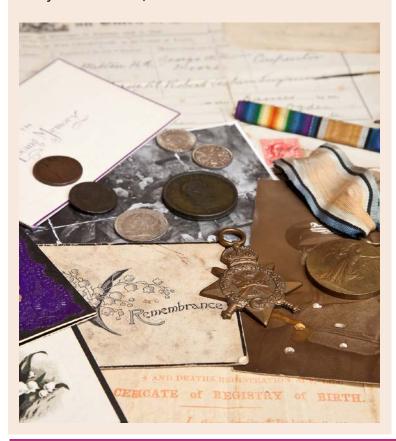
Heritage

We Will Remember Them: Researching Your Military Ancestors

Wednesday 9 April, 11am-12pm Te Ara Ātea

Join Simon Moody, Research Curator at the Air Force Museum of New Zealand, as he introduces you to the sources available to research your military ancestors. In this informative session, Simon will arm you with the tools needed to uncover the story of your family member's service in the Army, Navy, or Air Force; from the colonial era to the present day. All ages welcome. Bookings required.

selwynlibraries.co.nz/events





Historic Terrace Station at Hororātā



Saturday 10 May, 1-3pm 151 Milnes Road, Hororātā

Come to Terrace Station, a historic homestead dating from the mid-1850s, for an afternoon of heritage for families. There's something for everyone — a collection of vintage vehicles in the Carriage House, a marvellous Kitchen Museum, heritage displays in The Hutch (a 1930s summerhouse), and an extensive garden with activities for children. Afternoon tea on the verandah is provided.

A partnership event between Selwyn Libraries, Terrace Station Charitable Trust and Heritage New Zealand Pouhere Taonga.

All ages welcome.

Bookings required.

Girls Got Game — Basketball Skills Session

Fridays — 28 February, 14 and 28 March, 4-5pm Darfield High School Gymnasium

Fridays — 7 and 21 March, 4 April, 4-5pm Ellesmere College Gymnasium (Leeston)

The Selwyn Hawks, *Girls Got Game* team aim to introduce more young girls to basketball in a fun and safe environment. Learn skills, play games, gain confidence and have fun with friends alongside our amazing female coaches at this 3-week workshop. All abilities welcome. Aimed at girls 5 to 12 years. Bookings required.

selwyn.govt.nz/events





Boccia

$\label{eq:mondays} \begin{tabular}{ll} Mondays - 3 & March to 12 & May, 4.30-5.30pm (term time) \\ Selwyn & Sports & Centre \end{tabular}$

Boccia is a game of strategy and accuracy — ideal for people with physical disabilities. It is a sport similar to indoor bowls or pétanque played on a flat, smooth surface, where players must throw or roll leather balls as close as possible to a white target ball (the jack). The player, pair, or team with the most balls near the jack wins. All ages and abilities welcome.

\$5 per person.

Drop-in.

selwyn.govt.nz/events

Selwyn Striders

Mondays — 17 February to 26 May, 10-11am (term time) Tuesdays — 18 February to 27 May, 6.30-7.30pm (term time) Selwyn Sports Centre

Selwyn Striders has added another day to help you stay active this autumn! Enjoy a stroll on our 240-metre indoor walking track which includes optional low impact exercises. Finish off with a stretch, a hot cuppa, biccies and some friendly chats. All ages welcome, pram-friendly.

\$3 per person (\$2 community/gold card holders) Drop-in.





Youth BoxFit

Wednesdays — 5 to 26 March and 7 to 28 May, 4-4.45pm Selwyn Sports Centre

Expect fun, simple exercises and boxing routines alongside sweet tunes and social vibes. Give yourself an edge up in your education by including these classes into your routine to reduce stress and boost memory, perfect for your kuranga (education) and mahi (work). 12–17 years, all levels welcome.

\$7 per session.

Bookings required.

selwyn.govt.nz/events

Walking Netball

Fridays — 14 February to 30 May, 10.30-11.30am (term time) Lincoln Netball Club, North Belt, Lincoln

Walking netball provides a gentle yet enjoyable way to stay active without the strain on your joints. Whether you're getting back into exercise, recovering from an injury, or trying netball for the first time, this is for you! Join us for tea, coffee and chats afterwards. All abilities welcome. 18+ years.

Bookings required.

selwyn.govt.nz/events







Paddleboarding Have-a-Go

Saturdays — 8 March and 10 May, 1.30-4.30pm Selwyn Aquatic Centre

Paddleboarding is an exciting water activity which challenges balance and core stability. Begin by kneeling on the board, before working your way up to standing, trying out different paddle strokes. Experience a workout without even knowing it. Suitable for 7+ years. Adults-only sessions available.

\$10 per person.

Bookings required.

Women and Girls Pool Session

Saturday 8 March, 5-7pm Darfield Pool

Saturday 8 March, 5-7pm Southbridge Pool

Saturdays — 8 March, 5 April and 10 May, 5.30-8pm Selwyn Aquatic Centre

Enjoy an evening at the pools for women and girls of our community. Our friendly female staff will provide you with a safe and connected environment to experience the pool space without barriers. Prayer room provided. All ages welcome, women and girls only.

Normal pool entry applies.

Drop-in.

selwyn.govt.nz/events





Deep Restore Yoga

Sunday 9 March, 2-4pm Selwyn Sports Centre

A Yin-style yoga focusing on longer holds, slow breath work and meditation. A class great for maintaining movement around the joints and tendons and improving overall health and wellbeing. Suitable for all levels. 16+ years.

\$15 per person.

Bookings required.

selwyn.govt.nz/events

Female Self-Defence

Monday 10 March, 6-7pm (9-11 years) Monday 17 March, 6-7pm (12+ years) Rolleston Community Centre

Join Selwyn Taekwondo for another round of self-defence lessons designed for female youth. These one-hour lessons will enhance your skills and confidence to effectively defend yourself and stay safe. Parent participation welcome.

Bookings required.







The Willows Walk



Tuesday 11 March, 10-11.30am Thompsons Road, West Melton

Join the Selwyn District Council's biodiversity team to discover this enchanting walk and some of its ecological features. An easy, flat, shingle track sheltered by forest, perfect for beginners. All ages welcome.

Bookings required.

selwyn.govt.nz/events

UV Sports

Saturday 5 April, 9.30am-5.30pm Selwyn Sports Centre

Join us for an unforgettable day of fun and friendly competition at our UV Sport event. Experience the thrill of sports in a whole new light!

Dress in your brightest neon or fluorescent gear to fully embrace the glow and showcase your style on the court. 90-minute sessions available. 8+ years.

\$10 per person, per session.

Bookings required.



Archery Have-a-Go

Sunday 6 April, 10am-2pm Ellesmere Archery Club, Osborne Park, 479 Drain Road, Doyleston

Guided by experienced instructors, test out your archery and target shooting skills! Beginners welcome. 8+ years (caregiver required).

\$13 per person.

Bookings required.

selwyn.govt.nz/events





School Holiday Programme

Monday 14 to Thursday 24 April (excluding Easter) 8am-4pm or 9am-3pm Selwyn Sports Centre

Join us for an action-packed week of sports, games, trips and exciting activities! 7–12 years.

\$40-\$50 per child daily.

Bookings required.

selwyn.govt.nz/events

Tai Tapu Walkway — Walking Festival

Monday 14 April, 10-11.30am Tai Tapu Walkway, meet Rhodes Domain car park

Join the Selwyn District Council's biodiversity team to discover this enchanting walk and some of its ecological features. Starting at the car park, we'll follow the one-way flat dirt track along the Huritini Halswell River from Rhodes Park towards St Paul's Anglican Church (3.6km return). All ages welcome.

Bookings required.



Breathe 2025

FREE

Sunday 4 May, 12-3pm Selwyn Sports Centre

Discover the ultimate Women's Expo focused on health, empowerment, and community.

Join a dynamic event designed to help you thrive. Dive into inspiring workshops on mental health, mindfulness, and personal growth. Get moving with energising fitness classes like Yoga, Pilates, and dance. Explore interactive sessions, connect with like-minded women, and discover a variety of stallholders offering wellness products, services, and resources tailored to your needs.

Whether you're looking for new ways to recharge, tools to support your journey, or simply a day of inspiration — this expo has it all. Don't miss this opportunity to breathe, move, and thrive in a supportive and uplifting environment!

Free entry to the expo. Workshops \$5 per person (includes afternoon tea), bookings required.



Mother's Day

Sunday 11 May, 8am-8pm Selwyn Aquatic Centre

Bring your mum along to the pool absolutely free on Mother's Day. A great way to spend quality time with the family before your lunch or dinner plans. The inflatable obstacle course will be out 2-4pm... a chance to show the kids how it's done!

Free entry for mums (normal pool admission applies for kids).

Drop-in

selwyn.govt.nz/events



Yeur

Students Swim Free

Saturday 24 May, 8am-8pm Selwyn Aquatic Centre

To celebrate Youth Week, we're offering students free entry to the pool on 24 May. We'll have the inflatable obstacle course out between 5 and 7pm, as well as basketball hoops and the famous bombing platform. Plus, score a free ice block on your way out! Just bring your student ID. Aimed at 12–24 years.

Drop-in.

selwyn.govt.nz/events

Trial an E-bike

Saturday 31 May, 1-2.30pm Selwyn Sports Centre

Thanks to E-bikes NZ, we have a variety of two, three and four wheel e-bikes and scooters for you to try out on our large indoor court space. If you've ever been interested in experiencing an e-bike, now is your chance! Trained coaches will be available to assist anyone who may need help gaining confidence riding an e-bike. 18+ years.

Bookings required.





Family Fun

Easter Crafts

Monday 14 April, 2.30-3.30pm Rolleston Community Centre

Monday 14 April, 3.30-4.30pm

Lincoln Event Centre

Tuesday 15 April, 10-11am

West Melton Community and Recreation Centre

Pop down to your local community centre for some crafting fun! All ages welcome.

\$5 per person.

Bookings required.

selwyn.govt.nz/events





Mother's Day Crafts

Tuesday 6 May, 3.30-4.30pm Lincoln Event Centre

Wednesday 7 May, 3.30-4.30pm
West Melton Community and Recreation Centre

Thursday 8 May, 3.30-4.30pm Rolleston Community Centre

Pop down to your local community centre to create a special gift for your mum for Mother's Day. All ages welcome.

\$5 per person.

Bookings required.

selwyn.govt.nz/events

April School Holidays

Watch this space — there's an exciting line-up of fun events and activities for the kids to enjoy these holidays.



Pick up a flyer from your local Selwyn facility from 24 March, or check out: **selwyn.govt.nz/events**

Lifelong Learning

Kōrero Te Reo Māori

Thursdays — 6 March to 10 April, 6-7pm Te Ara Ātea

Join us at Te Ara Ātea, and kōrero te reo Māori! No matter what your confidence level, these self-directed, social sessions are an opportunity to practice speaking the kupu (words) you already know and learn some new ones from those around you! Enjoy a kaputī (cup of tea) and a selection of kēmu (board games). All ages welcome.

Drop-in.

selwynlibraries.co.nz/events



Cheese Making Workshop

Saturday 8 March, 10.30am-1.30pm Prebbleton Hall

Saturday 5 April, 10.30am-1.30pm Glentunnel Community Centre

Experience this exciting introduction to hand-made cost-effective cheese. This workshop will explore the process of creating camembert, feta, ricotta, mascarpone, halloumi and neuf chatel. Cheesemaker Cushla has been practicing for over nine years and will introduce you to the joy of cheese making at home. Session includes a lunch of various cheeses, delicious homemade crackers and fresh bread. 18+ years.

\$15 library members, \$30 non-members.

Bookings required.

selwynlibraries.co.nz/events



Sign Language for Beginners

Saturdays — 15, 22, 29 March and 5 April, 1-3pm Darfield Library Service Centre

Thursdays — 3, 10, 17 and 24 April, 6-8pm Lincoln Library Service Centre

Join a four-week programme for beginners to learn New Zealand Sign Language (NZSL) through fun games and activities. By the end, you'll understand the basics of NZSL and have a better understanding of the Deaf community. 16+ years.

\$20 library members, \$40 for non-members.

Bookings required.



Lifelong Learning

Polymer Clay Accessory Design

Saturday 29 March, 1-3pm Leeston Library Service Centre

Sunday 4 May, 1-3pm Lincoln Library Service Centre

Join us for a creative crafting workshop! In this hands-on session, you'll design unique earrings, necklaces, or keychains using colourful polymer clay. Amy from Earme will be there to guide you, helping you express your personal style. All materials are supplied — just bring your imagination and get ready to make stunning, handmade accessories! 13+ years.

\$20 library members, \$40 non-members. Bookings required.

selwynlibraries.co.nz/events





Ngā Pia o Te Reo Māori: Stage 2 Te Reo Māori Course

Thursdays — 1 May to 26 June, 5.45–7.45pm Te Ara Ātea

Nau mai e ngā hua, o te wao, o te ngakina, o te wai tai, o te Māori. Nā Tane. Nā Rongo. Nā Tangaroa. Nā Mara. Ko Ranginui e tu iho nei, ko Papatūānuku e takato nei, tūturu whakamaua kia tina. Hui e, tāiki e. E ngā mana, e ngā reo, kei aku nui, kei aku rahi mokori anō ka rere e mihi ki a koutou katoa. Ko te manu e kai ana i te miro nōna te ngahere, ko te manu e kai ana I te mātauranga nōna te ao.

Welcome to our te reo Māori intermediate lessons at Te Ara Ātea. Learning another language can be difficult requiring practice, with support. In this course you will be building a higher level of confidence, a willingness to learn sentence structures, pronouns, karakia, kīwaha, whakataukī/whakatauākī, waiata, Māori games and more. Join Matua Miru McLean, and Joe Murray in a friendly environment to extend your knowledge within te ao Māori. 13+ years. Bookings required.

selwynlibraries.co.nz/events

Introduction to 3D Printing for Adults

Saturday 3 May, 10.45am-12.15pm Darfield Library Service Centre

Saturday 3 May, 2-3.30pm Te Ara Ātea

Keen to get 3D printing, but don't know where to start? Join us for this adult session and learn basic skills to get you started. Perfect for model makers, tabletop gamers or anyone wanting to upskill. In this session, you'll be introduced to the Tinkercad software and be taught how to both design from scratch and import preexisting models.

16+ years.

\$10 library members, \$20 non-members.

Bookings required.



Lifelong Learning

Ornamental Tree Pruning

Thursday 8 May, 6-6.45pm Te Ara Ātea

Want to make the trees in your home garden stand out? Join Chris and Robyne from Southern Woods as they share their expertise on Niwaki, Cloud Trees, and Topiary. In this session, they will provide a brief history of these unique gardening forms, offer step-by-step instructions on how to get started with a young plant, share essential tips and tricks for ongoing maintenance and give advice on how to incorporate both Niwaki and Topiary into the landscape. 16+ years.

Bookings required.

selwynlibraries.co.nz/events







Skiing with Kids

Thursday 15 May, 6.30-7.30pm Te Ara Ātea

Discover the joys of skiing with kids! This talk covers tips for stress-free family skiing adventures, tips for teaching kids to ski, choosing the right gear, what not to forget, and creating lasting memories on the slopes. With specific details about the family-friendliness of Selwyn's six ski fields, you'll gain insider knowledge to make your snowy adventures safe, fun, and unforgettable. 18+ years.

selwynlibraries.co.nz/events

Bookings required.

Beginners Watercolour Workshop

Saturday 17 May, 10.30am-12.30pm Darfield Library Service Centre

Saturday 17 May, 2.30-4.30pm Te Ara Ātea

Saturday 24 May, 10.30am-12.30pm Castle Hill Community Centre

Join artist Julia Holderness for an inspiring beginner's watercolour workshop! In this hands-on session, Julia will take you step-by-step through basic colour mixing, wash, and mark marking techniques. You'll then put these skills into practice and complete a botanical still life painting. All materials will be provided for this session. 16+ years.

\$20 library members, \$40 non-members.

Bookings required.



Speaker Series

Ko Kāi Tahu me Te Tiriti | Kāi Tahu and the Treaty

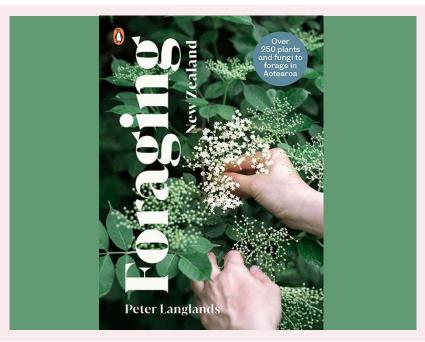
Thursday 13 March, 7-8.30pm Te Ara Ātea

Are you interested in the early historical events that shaped Te Waipounamu (the South Island)? Join Co-Manager of the Ngãi Tahu Archive Helen Brown as she shares insights into how events in Te Waipounamu impacted those at Waitangi (and vice versa) before and since 1840. In the autumn of 1840, seven Kãi Tahu rakatira (chiefs) signed a copy of Te Tiriti o Waitangi at Ōnuku, Ruapuke Island, and Ōtākou. This paved the way for a series of major land purchases between 1844 and 1864 by which the Crown acquired more than half the landmass of New Zealand from its Kãi Tahu owners. However, Te Waipounamu as a place, and Kāi Tahu as a people, receive relatively little attention within the received Treaty narrative. 16+ years.

selwynlibraries.co.nz/events

Bookings required.





Foraged Flavours

Thursday 10 April, 6.30-7.30pm Te Ara Ātea

Foraging New Zealand, by Peter Langlands, is a comprehensive field guide outlining the top 250 wild plants and fungi to safely eat in New Zealand. Peter works as a professional foraging educator and will share practical ways of using foraged foods for maximum flavour and nutrition. Learn about top finds within the Selwyn District and be entertained by some of his foraging adventures. 16+ years. Bookings required.



Speaker Series

Uncovering the World of Insects



Thursday 8 May, 6-7pm Lincoln Library Service Centre

Did you know that Te Whare Wānaka o Aoraki Lincoln University's Entomology Research Collection is one of New Zealand's largest insect collections? Join John Marris, the curator, as he shares examples from the collection and takes you on a journey through the fascinating world of insects. Discover the incredible diversity of New Zealand's insect species and what makes our fauna so unique. You'll also learn how the collection is used to identify insects and its crucial role in the discovery and naming of new species. All ages welcome.

Bookings required.

selwynlibraries.co.nz/events





Becoming a New Zealand Author with Carl Nixon



Thursday 22 May, 7-8.30pm Te Ara Ātea

Spend an evening with Carl Nixon, full time writer of novels, short stories, plays and screenplays, as he shares his journey to becoming a published New Zealand author. Hear about what inspires him, how his stories develop, his writing routines, and other tips for success. Also check out his novels available on the Selwyn Libraries catalogue. 18+ years.

Bookings required.

selwynlibraries.co.nz/events

Canterbury Museum Presents: Samoan Material Value

Thursday 29 May, 6.30-7.30pm Lincoln Library Service Centre

Join Hatesa Seumanutafa, Curator Māori, Pacific & Indigenous Human Histories, as she takes us on a virtual tour of Canterbury Museum's archives and storehouse to reveal the hidden treasures of Samoa from their world-class Pacific collection. In this presentation, Hatesa will highlight a number of objects in the collection, focusing on the value of indigenous science and technology, visual language and Canterbury connections. 13+ years.

Bookings required.





Hatesa Seumanutafa with Pacific heritage material. Image: Johannes van Kan, Canterbury Museum 2024

Harvest

Autumn Fruit Tree Pruning

Saturday 22 March, 1.30-3pm Leeston Library Service Centre

Sunday 30 March, 1.30-3pm Lincoln Library Service Centre

Fruit tree pruning is essential for healthy growth and better fruit production. Join Rob Upritchard, gardener, sculptor and passionate fruit tree pruner for this informative demonstration. In this session, you'll learn about the right time to prune, the right tools and their usage, alongside techniques like training, thinning, and shaping to improve air circulation, boost results, and prevent disease. Avoid common mistakes and get answers to your questions in this informative session. 16+ years.

Bookings required.

selwynlibraries.co.nz/events







Preserving by Dehydration

Saturday 22 March, 2-3pm
Darfield Library Service Centre

Learn everything you need to know to successfully dehydrate fruit and vegetables, including how to make sugar free fruit leathers, dehydrated tramping meals and more. By the end of the presentation, you will know how to store your dehydrated items and how to use them most efficiently. 14+ years.

Bookings required.

selwynlibraries.co.nz/events

Fermented Drink Essentials

Thursday 27 March, 5.30-7.30pm Lincoln Library Service Centre

Unsure how to use all the fruit that ripens at the same time? Join Kristie from Wild Medicine to discover how to turn your harvest into healthy and delicious drinks. You'll learn about and taste a variety of fermented beverages, including kombucha, apple cider vinegar, a fizzy feijoa drink, beet kvass (a Russian tonic), kefir, and a few lacto-fermented options. It's a fantastic way to make the most of your garden produce this autumn! 13+ years.

Bookings required.







Saturday 29 March, 10am-3pm Rolleston Town Centre, green space behind Te Ara Ātea

Gather the whānau and join us at Selwyn's inaugural harvest festival! Celebrating the best produce from around the district, there will be tastings, fun activities for the kids, hands-on workshops and live music.

A guaranteed great day out! All ages welcome, drop-in.



Harvest

Herbal Tea Workshop

Saturday 12 April, 1-2.30pm Leeston Library Service Centre

Sunday 4 May, 1-2.30pm Te Ara Ātea

Join Julie from The Herbal Garden this autumn to discover how to harvest herbs from your garden and create your own blended tea. In this workshop, you'll learn the best methods for harvesting and preparing your herbs, along with tea tasting and brewing techniques to elevate your tea-drinking experience.

16+ years.

Bookings required.

selwynlibraries.co.nz/events







Sourdough Workshop

Saturday 17 May, 11am-12.30pm Sheffield Community Hall

Saturday 24 May, 1.30-3pm Leeston Library Service Centre

Discover how to create your own sourdough bread variations and learn the benefits of using wild yeast during this harvest season. Join chef Christian Bochsbichler to make a rye-based sourdough starter. Enjoy a tasting of delicious sourdough and take home your dough for baking later! 13+ years.

\$10 library members, \$20 non-members.

Bookings required.

selwynlibraries.co.nz/events

Sauerkraut and Bratwurst Making Demonstration

Sunday 18 May, 11am-12.30pm Te Ara Ātea

Join Austrian chef Christian Bochsbichler for an interactive demonstration where he'll share tips and tricks for making fermented cabbage (sauerkraut) and bratwurst at home. You'll have the opportunity to taste and take home some samples. Celebrate the harvest season while enhancing your culinary skills! 13+ years.

\$10 library members, \$20 non-members.

Bookings required.



Introducing your

SELWYN YOUTH













social media channels and the Selwyn District Council website for a variety of events and initiatives designed specifically for rangatahi throughout the year. These include:

Stay connected by following our







Pop-up events







Parenting workshops

Skill Up @ the Youth Hub





Keegan





Chloe-Rose

Lincoln

The Youth Hub, located at the Rolleston Community Centre, also offers a range of activities, services, and support tailored to Selwyn rangatahi.

Joseph

Lucas



Matilda



Phillip

Kit



Peter

Find out more at selwyn.govt.nz/youthcouncil

Libraries Programmes

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

Adults' Book Club

Book discussion groups are a fun and popular way to expand your reading subjects, meet people in your area and share your thoughts and ideas about reading.

Children's Book Club &

Share your latest reading adventures, check out the newest book arrivals, and participate in an activity. It's a great way to make new friends and build connections.

Coding Club &

Come join our weekly Coding Club at Te Ara Ātea! You'll make new coding buddies and work on your own cool projects after school. Feel free to bring your own device or use our mix of Chromebooks and iPads. It's perfect for ages 9–13. Bookings are required.

Device Drop-In: Tech Help

Our weekly device drop-in sessions are informal support groups to help you familiarise yourself with your digital device. Whether it's a tablet or mobile phone, someone will be able to help you with the basics.

Digi Hour 🚳

Dive into a world where you can play with cool gadgets like our Tech Kits, LEGO® Advanced, Dash Bots, PlayStation, tablets, Chromebooks and more. It's a fun-filled hour where you can create, play, and learn with all the digital treasures the library has to offer.

We are an official learning destination for Te Mātāpuna Mātātahi/Children's University. Look out for this logo in the guide and visit selwynlibraries.co.nz or canterbury.ac.nz/childrensuniversity for more information.



English Learners

Join us at Te Ara Ātea and Lincoln Library Service Centre to improve your everyday English language skills and confidence in a casual and social setting. Sessions are focused on the needs of learners — so no two sessions are the same

Genealogy Group

Whether you're new to searching family history or you're an experienced researcher looking for like-minded people, come along to our monthly drop-in Genealogy Group sessions facilitated by the Selwyn Central Historical and Genealogical Group. Learn about a new topic each month or just enjoy the company.

LEGO[®] Advanced [™]

Calling all LEGO® masters! These sessions are perfect for those who love a challenge and will make regular use of our LEGO® Education Spike Prime and BricQ Motion sets. Suitable for ages 9 years and over. Bookings required.

LEGO® Time ♥

Come along to your local library as we bring out our LEGO® collection for you to explore and let your creativity flow. Children under 8 years must be accompanied by an adult.



Local History Drop-in

Needing help with finding Selwyn heritage information and resources? Pop in and see the heritage team who can assist you with research and digitisation advice and support, advice on caring for your photographs, papers and other taonga at home, oral history interviewing and using our scanners to copy your old photos.

Rhymetimes

Giggle and wriggle with our stories, songs, rhymes and bubbles. These Rhymetimes sessions are designed to assist with early language development while having a great time! Suitable for 1–3 year olds.

Sensory Babytimes

Enjoy interactive rhymes, shakers, scarves and bubbles. These sessions are designed to help cultivate early language and literacy, and support the development of motor skills from birth to 1 year.

Storytimes

Enjoy the magic of stories, activities and songs with our preschool Storytimes sessions. Share the joy of reading and make new friends. Aimed at 3–5 years.

Selwyn Women's Empowerment Network

Make new connections and enhance your social circle. Gain inspiration, support, and empowerment from other women within the Selwyn community.

Virtual Reality (VR) Drop-in Sessions

Join a session to test out our VR headsets. Kayak with the penguins in Antarctica, fly to the International Space Station and experience zero-gravity, complete our Beat Saber challenge, or even tour Anne Frank's house. Suitable for ages 13 and over.







In Selwyn, Council is supporting a central government initiative called Heartlands, by helping our residents access central government services.

We do this by providing information about these services and helping you access them. We work with central government agencies to host drop-in sessions and workshops so you can learn about what they offer, and we arrange for them to use Council meeting rooms to connect with clients.

This initiative is delivered across our libraries and service centres at Darfield, Lincoln, and Leeston and at Te Ara Ātea in Rolleston. The team at each site looks forward to connecting you to the right service for you.

Look for the Heartland Services logo throughout the brochure to explore what's on around Selwyn.





Selwyn Libraries

Darfield Library Service Centre

Rāhina | Monday

3.<mark>30–4.30p</mark>m

Adults' Book Club

7–8.30pm
Third Monday of the mont

Rātū | Tuesday

Cancer Society Drop-in 9.30am–12.30pm **⊚**

Rhymetimes 10–10.30am

T

Malvern Writers' Café 10am–12pm Second Tuesday

Rāapa | Wednesday

Inland Revenue Session
9.30am-2pm

Last Wednesday of the month

Rates Rebates 10am-12pm

JP Clinic **3** 11.30am–12.30pm

Rāpare | Thursday

Local History Drop-in 10am–12pm First Thursday of the month

> Quiet Time 12–2pm

Rates Rebates 1–3pm

Children's Book Club 3.30–4.30pm First Thursday of the month

> Virtual Reality 3.30–4.30pm

SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ

Rāmere | Friday

Storytimes 10–10.30am

Device Drop-in: Tech Help 1.30–3.30pm

LEGO® Time 3.30–4.30pm

LEGO® Advanced 3.30–4.30pm

Te Ara Ātea

Rāhina | Monday

Workbridge Drop-in

9–11am

First Monday of the month

Inland Revenue

Session 9.30am–2pm Last Monday of the month

Cancer Society
Support Group
10am–12pm
st Monday of the month

Ministry of Social Development Drop-in
10am-12pm
First Monday of the month

JP Clinic

12–1.30pm

Cancer Society Drop-in 2–5pm

Rātū | Tuesday

Storytimes 10–10.30am

Device Drop-in: Tech Help 11am-1pm

Rāapa | Wednesday

Selwyn Women's Empowerment Network 9.15–10.30am

Last Wednesday

Rhymetimes 10–10.30am

T

Genealogy Group 1–2.30pm Last Wednesday

LEGO® Time 3.30–4.30pm

LEGO® Advanced 3.30–4.30pm

Rāpare | Thursday

Local History Drop-in 10am–12pm

> Quiet Time 12–2pm

JP Clinic 12–1.30pm

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English Learners 1.30–2.30pm

Virtual Reality 3.30–4.30pm

JP Clinic

6–7.30pm

Rāmere | Friday

Sensory Babytimes 10–10.30am

Adults' Book Club 1.30–3pm Second Friday of the month

> Coding Club 3.30–4.30pm

Rāhoroi | Saturday

Lego Advanced 10.30–11.30am

Rātapu | Sunday

Board Games 1.30–3pm

Leeston Library Service Centre

Rāhina | Monday Rates Rebates Sensory Babytimes 2–3pm LEGO® Time 3.30–4.30pm

Rāapa | Wednesday

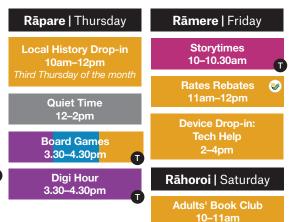
Adults' Book Club 10–11am Third Wednesday

Cancer Society Drop-in 1–4pm

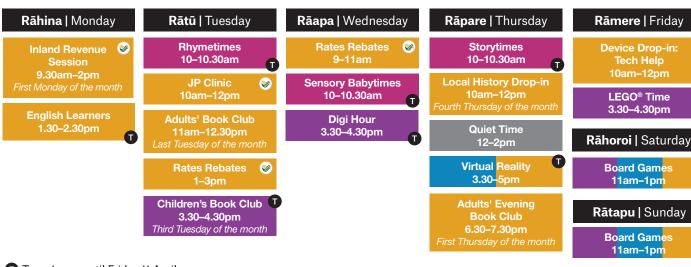
Virtual Reality 3.30–4.30pm

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SELWYNLIBRARIES SELWYNLIBRARIES.CO.NZ



Lincoln Library Service Centre



Term 1 runs until Friday 11 April.
Term 2 starts on Monday 28 April.
Sessions are weekly unless stated otherwise.

Adult Teen School-aged Preschoolers



Board Games 10am-12pm

Recreation

Baby Gym 45MINS

Babies aged 12 weeks (who can hold their head up) to crawlers will enjoy singing and playing in our babyfriendly environment. Please bring a blanket. Drop-in.

Boccia ROMINS

Boccia is a game of strategy and accuracy ideal for people with physical disabilities. It is a sport similar to indoor bowls or pétanque played on a flat, smooth surface. where players must throw or roll leather balls as close as possible to a white target ball (the jack). The player, pair, or team with the most balls near the jack wins. All ages and abilities welcome. Drop-in.

Floorball mms

Fast-paced, indoor floor hockey. Great for fitness and agility skills, as well as being easy to learn. Drop-in.

Get Your Skates On Skates



An interactive learn-to-skate class catering for all abilities. Skates and safety gear provided. Adult supervision required for children 11 years and under. Drop-in.

Inflatables mus

Pool inflatables for all ages! A great way to spend a Sunday afternoon, Parental assistance required for young children who are not confident swimmers. Regular pool admission applies. Drop-in.

Little Dancing Feet Dancing

A fun, dance-style class for preschoolers using a variety of fun equipment to music. Great for fundamental movement, skills and coordination. Drop-in.

Mini Gym 45 MINS

Learning through music and movement, this class focuses on motor coordination, cognitive development and confidence. Free play as well as structured time and songs with the tutor. Parent supervision required. Aimed at 1-5 years. Drop-in.

Playtimes 120 MINS

These sessions allow parents to lead their child's exploration of climbing, balancing, jumping, and rolling on a staff-designed soft play circuit. Active parental supervision required. Drop-in.

Paddle Boats for Kids &



Row row row your boat around and around with these hand pedal paddle boats. Easy to operate and great fun for the kids to take turns on. 8 years and under (due to weight restrictions). Regular pool admission applies. Drop-in.

Sensory Time **ZOMINS**

Sensory time is a chance for your wee one to explore the water at their own pace. With bubbles, activities, balls and more added every week!! A swim school teacher will assist you develop your child's water skills. 4 months-4 years. Regular pool admission applies. Drop-in.

Social Picklehall

Enjoy this exciting paddle sport that combines elements of badminton, tennis and table tennis — you're sure to have a good time. All ages welcome. Drop-in.

Selwyn Striders **SOMINS**

Enjoy a walk around our 240-metre indoor track with optional exercise stations set up at each corner. A great opportunity to meet new people or have a catch up with friends with a complimentary tea/coffee and biscuit when you're finished. Suitable for all ages. Buggy-friendly. Drop-in.

Walking Netball 60 MISS

Walking netball provides a gentle yet enjoyable way to stay active without the strain on your joints. Whether you're getting back into exercise, recovering from an injury, or trying netball for the first time, this is for you! All abilities welcome. 18+ years.



Children's University. See page 26 for details.

Recreation

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------|-----------------------------|------------------------|-------------------------------------|-----------------------------|-------------------------|-----------------------------|------------------------|
| 9am | | SENSORY (20) | | | | PLAYTIMES (20) | |
| 9.30am | MINI GYM (1–2YRS) | | | MINI GYM (1–2YRS) | MINI GYM (1–2YRS) 45 | | |
| 10am | SELWYN 6 | | | MINI GYM (3MNTH-2YRS) 45 | | | SOCIAL PICKLEBALL (20) |
| 10.15am | MINI GYM (3–5YRS) | | | MINI GYM (3–5YRS) | MINI GYM (3–5YRS) (45) | | |
| 10.30am | | LITTLE DANCING SO | LITTLE DANCING (55) FEET | | WALKING 6 | | |
| 10.45am | | | | MINI GYM (3–5YRS) | | | |
| 11am | BABY GYM 45 | | | BABY GYM (45) | | | |
| 2pm | | | | | | PADDLE BOATS FOR KIDS | INFLATABLES 🔯 |
| 3.30pm | GET YOUR SKATES ON | GET YOUR 600 SKATES ON | | GET YOUR SKATES ON 6 | | | |
| 4.30pm | BOCCIA (UNTIL 12 MAY) | | | | | | |
| 5pm | | | FLOORBALL 60 (6–10YRS) | | | | |
| 6pm | | | FLOORBALL (10–15YRS) | | | | |
| 6.30pm | | SELWYN STRIDERS | | | | | |
| 7pm | SOCIAL PICKLEBALL | | FLOORBALL ADULTS AND TEENS (13+YRS) | | | Lin | coln Netball Club |

Selwyn Sports Centre Lincoln Event Centre West Melton Community and Recreation Centre Selwyn Aquatic Centre All recreation classes are held during term-time only (except Playtimes, Pickleball, Selwyn Striders, Paddle Boats and Inflatables). Term 1 classes run until Friday 11 April. Term 2 classes resume Monday 28 April.

Group Fitness Classes

LESMILLS BODYBALANCE 60 MINS

A yoga-based class to music that incorporates elements of tai chi and pilates. Move and stretch through different yoga poses strengthening the whole body, while focusing on breathing to feel calm and centred.

LesMills

Lesmills Express BODYPUMP GOMINS BODYPUMP

A barbell workout for anyone looking to get lean, toned and fit. Using light to moderate weights with lots of repetition, for a total body workout.

LesMills **BODY STEP** 45 MINS

Rhythmic stepping to upbeat music with squats, lunges and fun sequences to lift the heart rate and strengthen and tone the lower body. It can be low intensity or high intensity - we have lots of options so everyone leaves feeling successful! This class is child-friendly, we will have an area in the room for your preschooler with toys and supervision.

BOXFIT 45 MINS

This high-intensity workout will take your fitness to the next level! Skipping, agility and core work alongside different boxing drills. Variety that will make you stronger physically and mentally.

CORE 30 MINS

An intense workout designed to build strength, stability and endurance in the muscles that support your core including the abdominals, glutes and the back.

GRIT STRENGTH

A high-intensity interval training (HIIT) workout, designed to improve strength, cardiovascular fitness and build lean muscle. Barbell, weight plate and bodyweight exercises.

HIT 45 MINS

Circuit-style interval training with different challenges every week including weights, boxing, and bodyweight exercises.

MATURE & MOTIVATED 45 MINS

Great for heart health, strength and balance. Aimed at 60 years and over, or anyone getting back into fitness; it is low impact, lots of fun with a great social vibe. Accredited by ACC.

MOVE IT TO MUSIC GOMINS

Music, fun equipment and a sense of humour is all you need in this class to get moving! Suitable for those with arthritis or less active. Accredited by ACC. Tea and coffee provided.

LesMills Shapes 60 MINS

An invigorating blend of Pilates, barre, and power yoga set to modern beats. With small, controlled movements, you sculpt and strengthen all major muscle groups, improve alignment and increase flexibility. It's a low impact but intense way to heat up your training.

PUMP/CARDIO COMBO 45 MINS

A barbell, cardio combo workout for anyone looking to get lean, tones and fit. Using light to moderate weights with lots of repetition, for a total body workout.

COMBO STEP PUMP 50MINS

Step to increase your heart rate for 30 minutes followed by strength work with barbells and weights. Suitable for all abilities.

A short, intense style of training pushing physical and mental limits on the spin bike. It is a high-intensity, low-impact workout that combines bursts of intensity and rest periods.

STRENGTH **DEVELOPMENT 45 MINS**

A progressive strength training where each workout focuses on a specific training protocol for building strength over 12x 45-minute workouts.

RPM 45 MINS

Indoor cycling workout with an instructor who leads the pack through hills, flats, mountain peaks, time trials, and interval training. You control the resistance and speed to build your fitness level.

YOGA HATHA 60 MINS

A slow, mindful and reflective class embracing all paths. It is suitable for different abilities, exploring your own personal strength and flexibility followed with deep relaxation at the end.

YOGA GENTLE FLOW 60 MINS

Gain greater flexibility and self-awareness in this flow yoga class that includes movement on the breath through some elements of the sequence. From time to time the class will include some standing and balance poses, before concluding with a yin sequence.

YOGA VINYASA FLOW 60 MINS

Increase strength and mobility with this full body yoga sequence. Move on the breath for part of sequence, creating the opportunity to develop meditation in movement. Includes twisting and standing poses and a slow vin sequence to open and close the class.



YOGA YIN YANG 60 MINS

A combination of yin and yang designed to take the yogi into a sense of stillness and contentment, with an opportunity to gain greater opening in the body and increased awareness of the self. From time to time the teacher will include gentle and slow movement through some of the fundamental yoga poses adapted to fit the students.

ZUMBA 45 MINS

A calorie-burning dance party combining a range of easy-to-follow Latin and international dance styles to catchy energising music.

ZUMBA GOLD 60 MINS

Perfect for active seniors, Zumba Gold is a low impact dance exercise class set to great music.



Selwyn Sports Centre

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------|------------------------|-------------------------|------------------------|------------------------|----------------------|-----------------|-------------------------|
| 6 | LesMILLS RPM | LesMILLS RPM | GRIT STRENGTH | Sprint | HIIT | | |
| 6am | GRIT STRENGTH | BODYPUMP 45 | LesMILLS RPM | BOXFIT | LesMILLS RPM | | |
| 7am | | | | | STRENGTH DEVELOPMENT | | |
| 8am | | | | | | LesMILLS RPM | |
| 8.15am | | | | | | BODYPUMP 30 | |
| 9am | LesMILLS RPM | | LesMills RPM | LesMILLS RPM | LesMills RPM | LesMILLS RPM | |
| əam | | | | BODYPUMP 45 | | BODYBALANCE | BODYPUMP 45 |
| 9.15am | YOGA HATHA | BODYPUMP 45 | BODY STEP | | BODYPUMP 45 | | Sprint |
| 10am | | CORE | | YOGA HATHA | CORE | BODYPUMP 45 | LesMILLS RPM |
| Toani | | | | | | | LESMILLS BODYBALANCE |
| 10.30am | ZUMBA GOLD | | | | | | |
| 11am | | MATURE & MOTIVATED | | | MATURE & MOTIVATED | CORE | |
| 12pm | BODYPUMP 30 | Lesmills Shapes | BODYPUMP (50) | | Shapes | | |
| 1.15pm | | | MOVE IT TO MUSIC | | | | |
| 5.10pm | | STRENGTH DEVELOPMENT | | | | | |
| 5.15pm | BODYPUMP | | | | | | |
| 5:45pm | | | | STRENGTH DEVELOPMENT | | | |

BOOKINGS RECOMMENDED SELWYNSPORTSCENTRE (03) 347 2888

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------------------|-------------------------|------------------|-----------------|--------|----------|--------|
| | Sprint | LESMILLS RPM | LESMILLS RPM | LESMILLS RPM | | | |
| 6pm | BODYPUMP 6 | STEP PUMP 45 | YOGA YIN YANG | | | | |
| 6.35pm | | | | STEP PUMP 45 | | | |
| 7pm | | LESMILLS BODYBALANCE | | | | | |
| 7.15pm | | | BODYPUMP 45 | | | | |
| 7.30pm | YOGA GENTLE FLOW | | | BODYPUMP 45 | | | |

Rolleston Community Centre

PH 03 347 2882

Thursday

7.15pm

ZUMBA

Concessions for this class can be purchased via the Selwyn Sports Centre.





West Melton Community and Recreation Centre

WESTMELTONCOMMUNITYCENTRE PH (03) 347 1804

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------|--------------------|---------|--------------------|----------------------|-------------|----------|
| 6am | RPM 45 | | | | | |
| 8am | | | | | | HIIT |
| 9.15am | PUMP/CORE (5) | | COMBO PUMP/CARDIO | | BODYPUMP 45 | |
| 10.15am | MATURE & MOTIVATED | | | | | |
| 11am | | | MATURE & MOTIVATED | | | |
| 1pm | | | | MATURE & MOTIVATED | | |
| 5.15pm | BODYPUMP 6 | | | | | |
| 5.30pm | | | BODYPUMP | | | |
| 6pm | | HIIT | | | | |
| 6.45pm | | | | YOGA VINYASA FLOW | | |
| 7pm | | Sprint | | | | |

Darfield Recreation and Community Centre

PH 027 535 8379

| | Monday | Wednesday |
|--------|--------------------|--------------------|
| 9.30am | MATURE & MOTIVATED | MATURE & MOTIVATED |

Please note, classes on 3 March, 7 April and 5 May will take place at the Sheffield Community Hall.

Sheffield Community Hall

9.30am MATURE & MOTIVATED

Please note, classes only held on 3 March, 7 April and 5 May.

Lincoln Event Centre

LINCOLNEVENTCENTRE PH (03) 347 2983

| | Monday | Tuesday | Wednesday | Thursday |
|--------|---------------------|---------------|--------------------|--------------------|
| 10am | MATURE & MOTIVATED | | MATURE & MOTIVATED | MATURE & MOTIVATED |
| 5.30pm | BODYPUMP 60 | | BODYPUMP (| |
| 6.30pm | YOGA GENTLE FLOW | BODYPUMP (45) | | |
| 7.30pm | | | YOGA YIN YANG | |





Virtual Classes

BOOKINGS RECOMMENDED SELWYNSPORTSCENTRE (03) 347 2888

Classes are held in a group fitness room at the Selwyn Sports Centre with an instructor on a large screen.

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|-------------------------------|---------------|-------------------------------|---------------|--------------|----------------------|-------------------|
| 6am | | | | O BODYPUMP | | | |
| 7am | O BODYPUMP | | | | | | |
| 0 | O RPM | O RPM | O RPM | ● RPM | O RPM | | |
| 8am | D Lesmills BODYBALANCE | | D Lesmills BODYBALANCE | | | | |
| 9am | | O RPM | | | | | |
| 10am | O RPM | O RPM | O RPM | O RPM | O RPM | O RPM | |
| 12pm | | GRIT STRENGTH | | GRIT STRENGTH | | O BODYBALANCE | O BODYPUMP |
| IZPIII | | Sprint | O RPM | Sprint | O RPM | O RPM | O RPM |
| 2.30pm | | | | | | | O BODYPUMP |
| 4pm | | | | | | | ○ RPM |
| 6pm | | | | | O RPM | | |
| 7pm | | Sprint | | | | | |





Aqua Fitness Classes

SELWYNAQUATICCENTRE
PH 03 347 2734

A variety of group fitness options are on offer in the 25-metre pool and hydrotherapy pool at the Selwyn Aquatic Centre. Classes run through the school holidays; but not on public holidays. Bookings are required for some classes. One-off group bookings available.



A low impact class designed to increase balance, flexibility, functional strength and co-ordination. This class suits rehab and recovery, injury and fall prevention and helps improve restricted range of movement. Water 35–36 degrees.

30 minutes



A full body water workout to gain endurance, strength and coordination through mixed atrial arts inspired movements to motivating music.

30 minutes



A gentle exercise class with stretches and resistance based activities in shallow water. This class is designed to increase strength and coordination. A low intensity workout focusing on toning and strengthening. Water 35–36 degrees.

45 minutes



An in water fun, energetic, danced based full body workout for all fitness levels.

45 minutes



A fun, high energy class with a mix of cardio and strength based movements. This class is designed to increase both fitness levels and strength. Water 32 degrees.

45 minutes



A class specifically designed for expectant mothers to get a low-medium level intensity work out. Perfect for any stage of pregnancy or fitness level.

45 minutes



A medium to high intensity deep water non-impact workout for all fitness levels. Exercises are performed while using an aqua belt and are designed to improve strength and cardiovascular fitness.

45 minutes





Selwyn Aquatic Centre

SELWYNAQUATICCENTRE
PH 03 347 2734

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT/SUN |
|---------|-----------------|---------|-----------|----------|-----------|--------------------|
| 8.30am | | | | | HYDRO | |
| 9.30am | HYDRO | AQUA | AQUA | AQUA | HYDRO | |
| 10.30am | HYDRO HEALTH | HYDRO | HYDRO | HYDRO | | |
| 11.30am | | | | HYDRO | HYDRO | |
| 12.15pm | | HYDRO | | | | |
| 1pm | HYDRO | AQUA | HYDRO | | | |
| 6pm | | | | HYDRO | | |
| 6.15pm | AQUA COMBAT | AQUA | HYDRO | | | |
| 6.45pm | | | | AQUA | | |
| 7pm | AQUA | | | | | |
| 7.15pm | | AQUA | AQUA | | | |
| 7.30pm | | | | AQUA | Timetable | subject to change. |

Group Fitness and Recreation Pricing

The following pricing is for the Selwyn Aquatic Centre, Selwyn Sports Centre, Lincoln Event Centre, and West Melton Community and Recreation Centre.

A new booking system is coming from November, making it easier for you to book group fitness, recreation classes, and Swim School lessons. For details visit selwyn.govt.nz/recreationbookings

Memberships

All Access

Pool and Group Fitness classes

\$19.96 PER WEEK

Community card holders* \$16.60 per week. Membership valid across all facilities.

Premium Swim & Aqua Group Fitness

Swimming and Aqua Group Fitness classes

\$14.45 PER WEEK

Community card holders* \$11.56 per week.

Basic Pool

Unlimited swimming!

\$13.36 PER WEEK

Community card holders* \$10.38 per week.

*Community card holders includes SuperGold, Community Services and Hāpai Access. Terms and conditions apply.

For concession cards, pool memberships and other pricing visit selwyn.govt.nz/prices

Premium Group Fitness

All Group Fitness classes including Spin and Agua

\$14.45 PER WEEK

Community card holders* \$11.56 per week. Membership valid across all facilities.

Basic

Group Fitness classes including Yoga and Pilates (Excludes Spin and Aqua)

\$11.80 PER WEEK

Membership valid across all facilities.

Casual Prices

| Adult Group Fitness | \$10.60 |
|------------------------------------|----------------------|
| Community Card Holders* | \$7 |
| Preschool | \$5.20 |
| Get Your Skates On | \$7.40 |
| Casual Skating | \$3 |
| Casual Hoops (Basketball, Netball) | \$3 |
| Track (Selwyn Striders) | \$3 Gold Card \$2 |

Darfield Library Service Centre

1 South Terrace, Darfield Contact (03) 318 7780 libraries@selwynlibraries.co.nz

Darfield Recreation and Community Centre

92 North Terrace, Darfield Contact 027 535 8379 darfield.community.centre@selwvn.govt.nz

Leeston Library Service Centre

19 Messines Street, Leeston Contact (03) 347 2871 libraries@selwynlibraries.co.nz

Lincoln Event Centre

15 Meijer Drive, Lincoln Contact (03) 347 2983 lec.enquiries@selwyn.govt.nz

Lincoln Library Service Centre

22 Gerald Street, Lincoln Contact (03) 347 2876 libraries@selwynlibraries.co.nz

Rolleston Community Centre

94 Rolleston Drive, Rolleston Contact (03) 347 2882 rcc.enquiries@selwyn.govt.nz

Selwyn Aquatic Centre

71 Broadlands Drive, Rolleston Contact (03) 347 2734 sac.enquiries@selwyn.govt.nz

Selwyn Sports Centre

70 Broadlands Drive, Rolleston Contact (03) 347 2888 sports.centre@selwyn.govt.nz

Tai Tapu Community Centre

722 Old Tai Tapu Road, Rhodes Park, Tai Tapu Contact (03) 347 2983 taitapu.enquiries@selwyn.govt.nz

Te Ara Ātea

56 Tennyson Street, Rolleston Contact (03) 347 2880 libraries@selwynlibraries.co.nz

West Melton Community and Recreation Centre

1163 West Coast Road, West Melton Contact (03) 347 1804 westmelton.enquiries@selwyn.govt.nz

